



Lesson: Cell Theory

Name:

Teacher:

Date:

## Cell Theory Lesson Plan

### Florida/NGSS Standards Alignment:

- **NGSS MS-LS1-1:** Conduct an investigation to provide evidence that living things are made of cells, either one cell or many different numbers and types of cells.
- **NGSS MS-LS1-2:** Develop and use a model to describe the function of a cell as a whole and ways parts of cells contribute to the function.
- **NGSS MS-LS1-3:** Use argument supported by evidence for how the body is a system of interacting subsystems composed of groups of cells.

**Lesson Focus:** Understanding cell theory and how cells form the foundation of all living organisms.

### Materials:

- Microscope
- Prepared slides of plant and animal cells
- Blank slides and cover slips
- Iodine solution (for staining)
- Dropper or pipette
- Worksheets for observations
- Chart paper or digital presentation on cell theory

### Lesson Objectives:

1. Students will explain the three main principles of cell theory.
2. Students will observe plant and animal cells under a microscope.
3. Students will identify and describe the function of cell components.
4. Students will explain how all cells come from pre-existing cells.
5. Students will connect cell theory to real-world applications in health, biotechnology, and research.

### Procedures:

1. **Introduction (10 minutes):**
  - Begin with a discussion: What is a cell? Why are cells important?
  - Introduce the three principles of cell theory:
    1. All living things are made of one or more cells.
    2. The cell is the basic unit of life.



3. All cells come from pre-existing cells.
  - Show images or short video clips of different cell types.
2. **Microscope Observation (20 minutes):**
  - Students work in pairs to examine prepared slides of plant and animal cells.
  - Use iodine solution for staining plant cells if needed.
  - Students draw labeled diagrams of observed cells in their worksheets.
  - Discuss differences between plant and animal cells.
3. **Class Discussion (10 minutes):**
  - Ask students to share their observations and diagrams.
  - Highlight organelles like nucleus, cell membrane, and cytoplasm.
  - Connect observations to cell theory principles.
4. **Hands-On Activity (10 minutes):**
  - Students create a simple 3D model of a cell using craft materials or digital tools.
  - Label organelles and explain their function.
  - Discuss how each organelle contributes to the cell's overall function.
5. **Generalization (5 minutes):**
  - Explain why cell theory is foundational in biology.
  - Discuss real-world applications: biotechnology, medicine, research, and understanding diseases.
  - Mention that students can explore **cells and cell systems** in more detail on a separate page to learn about specialized cells and organ systems.
6. **Assessment (5 minutes):**
  - Formative: Class discussion and observation of worksheets/models.
  - Summative: Short quiz or exit ticket covering cell theory principles, organelle functions, and real-world applications.

#### **Safety Notes:**

- Handle microscopes carefully.
- Use staining solutions (iodine) with caution; avoid contact with eyes and mouth.
- Wash hands after handling slides and solutions.

#### **Differentiation & Supports:**

- **ELL students:** Provide visual aids, diagrams, and labeled images. Pair students for peer support.
- **ESE students:** Offer simplified instructions and scaffolded worksheets. Provide extra time for activities and observation.
- **Advanced learners:** Encourage research on specialized cells (e.g., neurons, muscle cells) and organ systems.